

## List of Things To Bring

### Apparels

Full Sleeve Shirts	2-3	
Half Sleeve Shirts	2	
Formal Trousers	2	
Blazer (Informal) / Suit (Formal) Suit Recommended.	1	Optional and if you wish to bring one, Navy blue / Black one is preferred.(We don't find good suits here .so better bring one). Will need it for formal parties or an interview.
Tie	2	
T-shirts	6-7	
Jeans	4	
Shorts / Cargos / Bermudas	4	
Belts	2	Formal and informal
Traditional	1	Highly Recommended, needed for the Indian festivals organized by ISA
Sweater	2	
Pajamas / Night Suit	2-3	
Under Garments	14-20	As u go to the laundry once in a week or 2 and they are expensive here.
Towels	3	
Handkerchiefs	8-12	(Generally no one uses them here) bring them if u really uses them.
Blanket (Light Weight)	1	Recommended! You can buy a rug here costing approx. \$15. I Recommend buy one those lightweight blankets that does not occupy a lot of space.
Single Bed Sheet	2	
Pillow Cover	2-4	Get full size covers.
Double bed sheet	2	Recommended, because beds are of different size.
Woolen Gloves	1	Optional, Leather & wool. You can buy them here for approx. \$5. So it's ok to bring 1 pair of woolen gloves.
Jacket	1	MUST, and better if it works for cold as well as rain, cause here it rains and becomes cold. Not much snowfall. But it is very windy.(comparatively cheap here)
Woolen Cap	1	Get one that covers your ears. Or better get a Jacket with a hood.
Thermal Underwear	1	Winter is not that cold, but it is better to have one
Caps	1-2	Recommended, summer here is really hot. Light color (e.g. off white) preferred

### Footwear

Chappals / Sandals	1	Floater recommended for summer. Also you can bring traditional footwear, matching the traditional dress you bring.
Slippers	1-2	
Formal Black Leather Shoes	1	Highly recommended, they are very very expensive here, and you have to wear the formal shoes for presentations / job-fairs etc.
Casual Sport Shoes.	1	You may also buy here. Good ones are usually around \$40 - \$60
Shoe Polish	1	For Formal Shoes
Shoe Polishing Brush	1	
Socks Black	2	To go with your formal shoes
Socks White	12	Also cheaply Available here.

### Miscellaneous Items

Glasses / Contact Lenses	2-3	MUST. Optics very expensive here.
Contact Lenses Solution	-	Check for yourself
Stitching Kit	1	Recommended for fast repairs of cloths.
Alarm Clock	1	You can buy electronic clock here starting from \$5
Camera	-	Optional, Electronics are cheaper here.
Walkman	-	Optional, electronic items are cheap here.
Recorded Music Cassettes/ Audio CDs/MP3 CDs (Music)	-	Highly Recommended, cause you wont get Indian music here.
Wallet (to hold Credit Cards also)	1	Recommended, you get many credit cards or other cards here.
Passport Wallet	1	Recommended.
Hangers	-	Don't bring. Cheaply available

### Toiletries

Shaving Blades / Cartridges	12	Available here, but little expensive.
Razor	1-2	
Shaving Cream	-	Cheap here, but still have something with you, as you will be reluctant to spend immediately after coming here.
Shaving Brush	1	
After Shave Lotion	1-2	
Trimming Scissors	1	
Tooth Brush	2-3	
Tooth Paste	1	
Comb	2	
Hair Oil	2	
Nail Cutter	1	Don't forget this
Talcum Powder	-	Optional
Shampoo	-	Cheaply available, you can bring some 5-6 sachets to last for few days.
Bathing Soap	-	Cheaply available, but recommended to bring if you use specific brand.
Washing Soap	-	Don't get it. Cheaply available.

### Cooking Utensils

**Be sure that all vessels are Flat-Bottomed, because you have electric stoves here and you would not be able to cook in round bottomed vessels. Also vessels with copper bottom are recommended.**

Pressure Cooker 3 Liters/5 liters.	1	Bigger the better
Spare Dead Weight Valves	2	

Spare Safety Valves	3-4	
Spare Gaskets	2-3	
*Frying Pan (Non-Stick)(very very big size)	1	Bring good quality such as Nirlep recommended
Spoons Small Size	3-4	
Big Spoons / Spatula	2	
Steel Plates / Dishes	2	
Steel Glasses	2	
Pakkad / Tongs	1	
Kadhai	1	Big size
Utensils / Patelis	3	Medium / big Size
Microwavable Bowls and cups	1-2	Small/ medium size. We use the microwave a lot, and is much more convenient than the electric stove.
Tea Filter / Galane	2-3	
Tea Making Utensil	1	
Knife	-	<b>Don't bring</b> ; you may have problems at airports!!! They are cheap here.
Cutting Board	1	Optional/ cheaply available here.
Cooking Book	1	Your mother's recipes highly recommended!
Bring as big size vessels as u can because we cook for 6-7 people (generally 6-7 people share an apartment).		

#### Cooking Groceries

**Remember, All the items except the Masalas are recommended only if u have luggage space. Here I follow the rule mom knows best.**

Tea Powder	1-2 Kg	If you drink a lot of tea.
Instant Coffee / Nescafe	-	Cheaply available. (Folgers)
Turmeric Powder / Haldi /Manjal	500 gm	
Mustard Seeds / Mouri / Mohari / Rae	500 gm	
Red Chilly Powder	1 kg	
Garam Masala	1 kg	even more if u come from North India
Dhane Powder/Dhania Powder	1 kg	
Jeera Powder/Cumin seeds powder	500 gm	
Jeera	-	May have problems at port of entry.
Asofotida / Hing	250 gm	
Sambar Masala	2	

Chhole Masala	5-6 packets	Recommended, cause cholle available cheaply and cooked most frequently.
Pav Bhaji Masala	3-4 packets	Recommended... fast to cook good to eat
Tur Dal	2 Kg	It's a bit expensive here, so better to bring some stock from India
Elaichi / Veldoda	100 gm	Optional
Clove / Lavang	100 gm	Optional
Papad	2-3 packets	Optional
Aachar / Pickles	-	If you bring, make sure that the packing is good, leak proof.
Tamarind Powder / Cocum / Tamarind Paste	1	Better to bring....
Sugar / Rice / Salt	-	Please Don't bring these at all.
Rava / Suji / Poha	1 Kg	This is very helpful in beginning

#### **Stationery**

School Bag (little large one which can hold a laptop will buy a laptop very soon)	1	MUST - A Little Expensive here
Ball Point Pen	2	
Refills	1	
Bonded/Clutch Pencils	1	
Sharpner	1	
Eraser Pencil	1	
Clutch Pencil (0.5 mm)	1	
Lead Box (0.5 mm)	2-3	
Steel Scale 6"	1	
Stapler	1	Don't Forget these
Stapler Pins	2 Box	
Punch		Plz Don't Bring. 3 holes punch Reqd here.
Scientific Calculator	1	Replace the batteries without fail!!
Cello-tape	1	Optional
Glue Stick / Glue	1	Recommended
Sketch Pen	-	Optional
Note books / Papers / Files / Folders	-	Do not bring.

#### **Medicines (must bring)**

Vicks (Vaporub & Inhaler)	1	
Balm (Amrutanjan, etc)	1	
Iodex spray / Relispray	1	For fast pain relief
Dettol/Rubbing Alcohol	1	
Some Band-Aids (wash proof)	10	
Iodine	1	Optional
Burnol antiseptic	1	<b>Important!</b>
		<b>Very Important, For all first time cooks</b>
Painkiller tabs like Combiflam, Brufen.	20-30	They don't go waste
Drugs and Antibiotics (for common fever & cold etc)		Crocic , Amoxyciillin, Disprin .
B-Complex tablets		
Vaseline and cold cream	1	Highly recommended for winter.

And all the specialized medicines that you take. And, the things we missed.

#### **Documents (Not limited to these)**

Passport / Photocopies		Leave a copy in each bag.
Admission Letter		Leave a copy in each bag.
I-20 & VISA photocopies		Leave a copy in each bag.
Credentials		Leave a copy in each bag.
Transcripts	5-10	Leave a copy in each bag.
If you plan to apply to other universities later		
Recommendation Letters	5-10 each	Leave a copy in each bag.
If you plan to apply to other universities later		
GRE / TOEFL Score Sheets		Leave a copy in each bag.
Medical Fitness Certificate		Leave a copy in each bag.
Vaccination Certificate		MMR, TB test.
		In UHCL there is no compulsion but no harm if u get it done. I would advice, Get a tetanus shot if have not done so recently.
Medical Prescription of all medicines you are carrying with you		Leave a copy in each bag.
College Leaving Certificate		Leave a copy in each bag. (Optional)
International Driving Permit (I.D.P.)		<b>MUST.</b> Sooner or later, you will have to drive. It will help you rent cars and also practice on friends' cars before you get the US License.

Receipts of travelers cheques	However in the state of Texas, the IDP is valid for 2 months after your arrival in Houston. One copy in each baggage
Enough Money	Cash with some change, try to get some coins which you may require to call somebody after coming here.

# Type of clothes depends on the habits of an individual. As far as dressing code is concerned, there is none. Shorts and T-Shirts to the school is popular here. No formal stuff.... its highly casual. Try to get cotton stuff as the climate here fluctuates, and also, cotton tends to withstand the extreme torture of machine washing and drying here quite well.

# Whichever medicines you bring, get the prescription of everything from doctor.

# You will get stationery items like pens free here. So don't bring many of those.

# About the food items, contact your travel agent as well as airline and ask them what all is not allowed. This will save some space in your luggage, which you can utilize for some useful thing.

# Check with your airlines about the dimensions of the baggage u can carry. Also check whether the airlines you are traveling by allows students to carry extra luggage.

# Books! Its Better to contact your department about this. You will find the books that a professor recommends on his website. Some info is also provided on the ISA website.

<http://isauhcl.org/prospectivestudents/faqs/academicInfo.asp>

# Better take your mother's advice on cooking items. She is the best person to decide what all you will require.

# Don't bring files from India, as the filing system is different here, with a three-hole punch.

# Don't buy any electronic item from India like iron / tape-recorder etc, unless it is compatible with 110V, 60 Hz supply.

This document has been developed by Sukumar Bollineni and updated by Dinesh Reddy Gudibandi.

Updated By Doyle Rodrigues 19 May 2008.

This Document has been written keeping in mind the weather conditions of Texas and requirements at UHCL. If You not a prospective student of UHCL please crosscheck the items in the list from another source.

For any further assistance visit the <http://www.isauhcl.org/>

*Good Luck.*

*Happy Journey....See u soon at UHCL Campus.*

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